

New York City Randomized Control Trials

Research has consistently shown that school readiness predicts success in 3rd and 5th grade and, in turn, success in elementary school predicts high school graduation. For the past four years researchers from New York University have been conducting randomized control trials with two of ParentChild+'s flagship sites in New York City (Brooklyn and Queens). One study is of a culturally and linguistically diverse cohort, and the other of a 100% Spanish-speaking cohort. The studies are designed to examine the effects of the Program on Black and Latino children's school readiness. This research summary reports on the post-program participation outcomes of the two studies. This is the first in a series of reports on these studies that will follow the children through third grade.

Key findings

- ParentChild+ children in both studies have better social emotional skills and better language skills than the control group – two key indicators of school readiness.
- Study 1: Children in ParentChild+ showed better pro-social behavior than children who did not participate in the Program (e.g. self-regulation skills).
- Study 1: English-speaking children who received ParentChild+ demonstrated stronger language skills than children in the control group (e.g. receptive language).
- Study 2: Spanish-speaking children who participated in ParentChild+ demonstrated stronger language skills than children in the control group (e.g. expressive and receptive).
- Study 2: Program parents reported pro-social competence more often than control group parents (e.g. fewer problem behaviors such as hitting and not getting along with others).