

## Large Motor Development

Age in Months	Typical Development	When to seek help
0 - 1	<ul style="list-style-type: none"> <li>• Moves legs forward and backward in an alternating pattern</li> <li>• On stomach turns head to both sides</li> <li>• Head upright but bobs</li> </ul>	<ul style="list-style-type: none"> <li>• Not kicking legs</li> <li>• Does not turn head to either side</li> </ul>
2 - 3	<ul style="list-style-type: none"> <li>• Holds head erect</li> <li>• When on stomach elevates head and upper chest bearing weight on forearms</li> <li>• When held in standing knees sag</li> <li>• Rolls to side from back</li> </ul>	<ul style="list-style-type: none"> <li>• Unable to lift head away from adult shoulder</li> </ul>
4 - 5	<ul style="list-style-type: none"> <li>• Rolls from stomach to back</li> <li>• When on stomach shifts weight to side to reach for a toy with one arm</li> <li>• Extends arms and legs off mattress</li> <li>• Props on extended arms</li> <li>• Pulls to sitting</li> <li>• Feet to mouth</li> </ul>	<ul style="list-style-type: none"> <li>• Does not like to be on stomach</li> <li>• Unable to bring feet to mouth</li> <li>• Not reaching for toys</li> </ul>
6 - 7	<ul style="list-style-type: none"> <li>• Sits alone for short periods of time</li> <li>• Rolls from back to stomach</li> <li>• When on stomach pulls forward short distance</li> <li>• Sits and plays with a toy</li> <li>• Protective reaction forward</li> <li>• Pivots on belly</li> </ul>	<ul style="list-style-type: none"> <li>• Not propping on extended arms</li> <li>• Not pulling to sit</li> <li>• No attempts to roll</li> </ul>
8 - 9	<ul style="list-style-type: none"> <li>• Pivots in sitting</li> <li>• Crawl/move forward 5 feet when on stomach</li> <li>• Gets on hands and knees</li> <li>• Protective reaction to sides when sitting</li> <li>• Bounces in supported standing</li> </ul>	<ul style="list-style-type: none"> <li>• Bears no weight on feet</li> <li>• Not sitting</li> </ul>
10 - 11	<ul style="list-style-type: none"> <li>• Protective reaction to rear in sitting</li> <li>• In sitting position can retrieve toy from between legs</li> <li>• Cruises/side stepping while standing</li> <li>• Lowers self to floor from standing</li> <li>• Stands alone momentarily</li> <li>• Walks with support</li> <li>• Creeps on hands &amp; knees</li> </ul>	<ul style="list-style-type: none"> <li>• Not playing with toys in sitting position</li> <li>• No forward movement</li> </ul>
12 - 14	<ul style="list-style-type: none"> <li>• Creeps over obstacles</li> <li>• Plays in kneeling position</li> <li>• Creeps up stairs</li> <li>• Squats in play and resumes standing</li> </ul>	<ul style="list-style-type: none"> <li>• No protective reactions</li> <li>• Not pulling to stand/cruising</li> </ul>

	<ul style="list-style-type: none"> <li>• Begins walking (4-5 steps)</li> <li>• Raises self to standing without support</li> <li>• Throws a ball underhand</li> <li>• Runs/hurried walk</li> </ul>	
15 - 17	<ul style="list-style-type: none"> <li>• Creeps down stairs</li> <li>• Walks independently</li> <li>• Walks up/down stairs holding onto rail or with one hand held (2 feet per step)</li> <li>• Walks backwards</li> <li>• Steps on or kicks into ball</li> <li>• Climbs on furniture</li> <li>• Seats self in small chair</li> <li>• Pulls toy behind when walking</li> <li>• Throws ball overhead</li> </ul>	<ul style="list-style-type: none"> <li>• Not able to come to stand</li> <li>• Not squatting in play</li> <li>• Not taking independent steps</li> </ul>
18 - 23	<ul style="list-style-type: none"> <li>• Jumps down from bottom step</li> <li>• Jumps in place and forward</li> <li>• Walks up stairs independently (2 feet per step)</li> <li>• Kicks a ball</li> <li>• Moves a ride on toy without pedals</li> <li>• Goes up and down slide</li> </ul>	<ul style="list-style-type: none"> <li>• Not walking</li> <li>• Not creeping up stairs</li> <li>• Unable to get on/off ride on toys</li> </ul>
24 - 29	<ul style="list-style-type: none"> <li>• Walks up the stairs alternating feet</li> <li>• Walks on tip toes</li> <li>• Stands on balance beam</li> </ul>	<ul style="list-style-type: none"> <li>• Continues to creep up stairs</li> <li>• Not throwing a ball</li> <li>• Not climbing on furniture</li> <li>• Not able to seat self in small chair</li> </ul>
30 - 36	<ul style="list-style-type: none"> <li>• Catches a ball</li> <li>• Climbs jungle gyms and ladders</li> <li>• Rides a tricycle and balances</li> <li>• Jumps over objects</li> <li>• May hop on one foot</li> <li>• Walks downstairs without support (2 feet per step)</li> </ul>	<ul style="list-style-type: none"> <li>• Not jumping</li> <li>• Not kicking a ball</li> <li>• Not doing stairs independently</li> </ul>