

Fine Motor Development

Age in Months	Typical Development	When to Seek Help
0 - 2	<ul style="list-style-type: none"> • Focuses on face • Grasps reflexively 	<ul style="list-style-type: none"> • Arm movements too tight or too loose • Not able to visually focus
2 - 3	<ul style="list-style-type: none"> • Visually tracks rattle/toy • Shakes rattle when placed in hand • Grasps rattle purposely • Reaches for rattle 	<ul style="list-style-type: none"> • Not visually tracking • Not able to hold rattle • Holds rattle too long • Does not reach for toys
4 - 5	<ul style="list-style-type: none"> • Waves arms and hands in response to toy • Holds rattle for longer periods • Reaches for rattle placed at a farther distance • Brings hands together at midline • Grasps cube with whole hand • Fingers hands at midline • Reaches for toys with both hands 	<ul style="list-style-type: none"> • Does not bring hands to midline • Unable to grasp block/cube
6 - 7	<ul style="list-style-type: none"> • Bangs cup • Rotates wrist in play • Holds 2 cubes in one hand • Transfers toys at midline • Able to grasp 2 Cheerios at once (raking grasp) • Mouths toys • Pats image in mirror • Manipulates object in hand 	<ul style="list-style-type: none"> • Not banging toys • Unable to pick up Cheerios • Not transferring toys • Not mouthing toys
8 - 9	<ul style="list-style-type: none"> • Grasps cube using thumb, index and middle finger • Grasps Cheerio with thumb on side of index finger • Crumples paper • Claps hands 	<ul style="list-style-type: none"> • Holds block in palm of hand versus finger tips • Rakes to pick things up • Doesn't clap hands
10 - 11	<ul style="list-style-type: none"> • Removes ring from stand • Pokes with isolated index finger • Releases cube deliberately • Stirs with a spoon 	<ul style="list-style-type: none"> • No finger isolation • Toys release still reflexive
Age in Months	Typical Development	When to Seek Help
12 - 14	<ul style="list-style-type: none"> • Takes pegs out of pegboard • Dumps a bottle to obtain a toy • Turn pages of a book several at a time • Places one shape in form board • Scribbles spontaneously 	<ul style="list-style-type: none"> • Does not dump bottle over • Not able to place shape in form board • Does not scribble • Does not turn pages of book
15 - 17	<ul style="list-style-type: none"> • Builds 3 cup tower • Places pegs in a pegboard • Places 2 shapes in a form board 	<ul style="list-style-type: none"> • Unable to stack blocks • Does not recognize self in picture

	<ul style="list-style-type: none"> • Recognizes self in picture 	
18 - 23	<ul style="list-style-type: none"> • Places pellet in bottle • Separates pop beads • Turns 2 pages one at a time • 3 shapes in a formboard • Builds a 6 cube tower • Strings beads • Snips with scissors • Points to major body parts • Imitates a vertical line • Copies a 3 block train 	<ul style="list-style-type: none"> • Unable to place pellets in bottle • Unable to separate pop beads • Unable to string beads • Unable to point to body parts • Does not imitate vertical line • Does not imitate 3 block train
24 - 29	<ul style="list-style-type: none"> • Turns doorknob using forearm rotation • Places rings on stand • Unscrews cap • Imitates simple arm and hand movements • Matches colors • Hand preference beginning • Puts pop beads together • Copies a 4 block train 	<ul style="list-style-type: none"> • Unable to unscrew cap • Does not perform hand movements to songs • Not matching colors • Unable to put pop beads together
30 - 36	<ul style="list-style-type: none"> • Builds a 9 cube tower • Cuts from one side of the paper to the other • Imitates a horizontal line (30 months) • Imitates a circle (33 months) • Copies a vertical line (34 months) • Copies a 3 block bridge 	<ul style="list-style-type: none"> • Unable to imitate horizontal line/circle • Unable to use scissors