



Virtual Visit Content Guide

For families who can participate in virtual visits

1

Always check the timing



Ask about any concerns or issues
"How is the family doing?"
"How is the child doing?"



COVID-19 concerns



Child care issues



Other issues



Encourage 2x/week visits but be open to rescheduling



Be flexible and consider the needs of the family first

2

Ask whether the family is ready to do parent-child activities



Child's new routine
"What did he or she do today?"



VISM and/or other activities



Brainstorm together utilizing household materials and indoor activities; plan for next visit

3

Don't forget to take care of yourself



Extra reflective supervision with colleagues and join community of practice to share your experience and learn



The focus of the visit may shift to the immediate needs of the family under the current circumstances. It's okay if you don't get to the parent-child activity. We need to be sure we are supporting the parents, so they can help their children deal with the impacts of what is happening around them.