

Virtual Visit Content Guide

For families who can attend virtual visits

1



Always check the timing



Ask about any concerns or issues
"How is the family doing?"
"How is the child doing?"

Encourage 2x/week visits
but be open to rescheduling



COVID-19
concerns



Childcare
issues



Other
issues



Be flexible and consider the
needs of the family first

2

Ask whether the family is
ready to do parent-child activities

3

Don't forget to
take care of yourself



Child's new routine
"What did he or she do today?"



VISM and/or
pre-planned activities



Brainstorm together utilizing
household materials and indoor
activities; plan for next visit



Extra reflective supervision with
colleagues and join community
of practice to share your
experience and learn



The focus of the visit may shift to the immediate needs of the family under the current circumstance. It's okay if you don't get to the parent-child activity. We need to be sure we are supporting the parents so they can help their children deal with the impact.