

ELS Name:
Child ID:
VISM:
Date:
Modality (virtual/in-person):

Part I - Caregiver and ELS together: During the last five minutes of the session, reflect on these questions together. Reflection Records may be completed 1x per week for each family instead of every visit:

1. Goals: In the caregiver's words, do you have any goals? Has your goal changed? Or how can I continue support your goals? (**Reminder: This is a moment for the caregiver to reflect on goals for themselves, child, family, or broader community. Goals can change each week or be the same for multiple weeks at a time.*)

2. Observations: In caregiver's words, describe the interaction with the child during this session. What did the caregiver observe about the child's behavior, development, or learning? What were the child's strengths?

3. Co-Planning: Does the caregiver have any ideas or activities that can be incorporated into the next visit?

Part 2 - ELS self-reflection: This section will be completed by the ELS after the session:

4. My Practice: What domain of Best Practice Principles did I focus on during this session with this family?

- 1 - Encouraging parent-child interaction
- 2 - Building the relationship (caregiver collaboration and engagement)
- 3 - Acknowledging family strengths, values, and cultural context
- 4 - Acknowledging parent-child emotions
- 5 - Encouraging parent-child play and exploration together

Comments or other steps towards my professional growth:

5. Strengths: What did I say or do to acknowledge the caregiver's strengths?

*(*Reminder: ParentChild+ recommends frequently acknowledging family strengths that can relate to child development, parent-child interaction, or how the child is supported within the home or community. In addition to commenting, you can send a motivational text to the caregiver between visits.)*

6. Supervision: Overall, what is my reflection on this visit? Is there anything that needs to be brought to supervision (e.g., referrals, support needed for family, or support for my practice)?