

# Tuesday, May 18<sup>th</sup> Virtual Visiting: What Have We Learned and What's Next?

Keynote:* 12:00 - 1:15 pm	Chrishana Lloyd, PhD and Manica Ramos, PhD	Understanding Virtual Engagement: What We Know and How We Can Use Lessons Learned to Inform Our Work.	
A) 1:30 - 2:30 pm	Dorian Traube, PhD and Cesar Zuniga	Virtual Home Visitation During COVID-19: How we responded and where we are going	
B) 1:30 - 2:30 pm	Debra Grennan, Audrey Harris, Linda McGrath, Leonie Power	Ireland's Call: Responding and Adapting to Families' Needs During COVID19	
A) 2:45 - 3:45 pm	Marybeth Auletto, Terry Burks, Pete Busch, Angela Hagley, Elaina Longo	Addressing Family Isolation & Engagement through the Virtual Space	
B) 2:45 - 3:45 pm	Jennifer Briseño & Eli Mast	Virtual Visit Engagement	
4:00 - 5:00 pm	Gus Castellanos, MD	Mindfulness as a Resource for Self-Care and Caregiving	

# Wednesday, May 19<sup>th</sup> Developmental Parenting: Putting Families in Charge of Child Development

Keynote:* 12:00 - 1:15 pm	Gina Cook, PhD	Strategies for Promoting Parent Confidence and Competence: A Strengths-Based Approach
A) 1:30 - 2:30 pm	Arexy Bravo-Stewart, Lucia Orellana, Lynette Payton	Strategies to Help Incorporate Developmental Parenting in ParentChild+ Visits
B) 1:30 - 2:30 pm	Teresa Mendez Quigley, Iris Ogando, María José Sotomayor-Giacomucci	Cómo ayudar a los niños a lidiar con tanto duelo (taller en español) / How to Help Children Deal with So Much Grief (Workshop in Spanish)
A) 2:45 - 3:45 pm	Dana Winters, PhD	Understanding and Promoting Everyday Human Interactions (FCC track)
B) 2:45 - 3:45 pm	Ann Gadzikowski	Block Play: Hands-On STEM Learning in Sometimes Virtual World
A) 4:00 - 5:00 pm	Gina Cook, PhD	PICCOLO: An Instrument for Playing to Parenting Strengths
B) 4:00 - 5:00 pm	Anieka Mukhtar and Jacquelyn Robinson	Collaborating with Other Services to Meet Family Needs

# Thursday, May 20<sup>th</sup> Conversations on Race Equity

Keynote:* 12:00 - 1:15 pm	Ebonyse Mead, EdD, CFLE	Building authentic partnerships with Culturally Diverse Families to support children's positive educational experiences
A) 1:30 - 2:30 pm	Lynnette Mawhinney, PhD	Seeing Ourselves: The Power of Racial Identity in Education
B) 1:30 - 2:30 pm	Alyshia Gálvez, PhD and Cesar Zuniga	Exploring Inductive Approaches for Delivery of Service: Building Meaningful Collaborations with Families
A) 2:45 - 3:45 pm	Jackie Herrera, Malkia Singleton Ofori-Agyekum, Vanessa Ruiz	Cultural Representation in ParentChild+ VISMs and Activities
B) 2:45 - 3:45 pm	Karen Nemeth, EdM	What Does Language Justice Mean for Early Learning?
4:00 - 5:15 pm	Ohemaa Boahemaa *Plus closing of conference, thank you message, and raffle prizes!	COVID-19 Vaccines Explained



# Day 1 Virtual Visiting: What Have We Learned and What's Next?

Workshops will focus on what ParentChild+ and the home visiting field have learned by delivering home visits virtually. We will also look forward to what our home visit strategies and approach might look like in the future. Presenters include ParentChild+ practitioners and researchers in the field of early care and education access and quality, family engagement, and virtual service delivery.

#### Virtual Visiting Keynote

Understanding Virtual Engagement: What We Know and How We Can Use Lessons Learned to Inform Our Work.

Keynote Presenters: Chrishana Lloyd, PhD and Manica Ramos, PhD - Senior Research Scientists, Child Trends

Keynote Description: Home visiting and other early care and education fields have had to adapt their policies and practices to address the devastating and disruptive effects of the COVID-19 pandemic on families and children. This opening keynote session will: provide an overview of changes that have occurred in home visiting during the COVID 19 pandemic; share the latest research about effective virtual engagement practices; and explore what home visiting might look like as the world begins to reopen and transition back to "normal."

# Virtual Visiting Workshops

Title: Virtual Home Visitation During COVID-19: How we responded and where we are going

Presenters: Dorian Traube, PhD - University of Southern California Suzanne Dworak Peck School of Social Work; Cesar Zuniga - Research and Evaluation Director, ParentChild+

Description: The COVID-19 pandemic has forced a system-wide shift to virtual home visitation service delivery. When social distancing measures were enacted nationwide, the entire home visitation field moved to remote delivery options through live videoconferencing platforms or telephone encounters. From this shift, a Rapid Response to Virtual Home Visitation (RR VHV) emerged whose mission was to engage early childhood professionals in joint activities to learn how to improve virtual home visitation programs, share best practices, and discuss areas of growth. This industry-wide collaborative is led by a partnership of the Institute for the Advancement of Family Support Professionals, PAT National Center and the National Alliance of



Home Visiting Models. RR VHV created a streamlined process for information gathering and sharing, including practice briefs, webinars, and technical assistance guidance related to VHV service delivery. All information and resources shared are designed to meet the needs of all HV professionals delivering all HV models, provided free of charge, and will remain available to support future needs of the field. Within ParentChild+, the research team have also been collecting data from the field to understand the pandemic impact on our ELSs and the families they work and to identify the strategies ELSs have adapted to stay engaged with the families as the program pivoted to virtual visits. This workshop will share evaluation data from the RR VHV and evaluation data from ParentChild+ to support a discussion about how the transition to virtual home visitation occurred, what was needed to support the transition, and what participants hope to see happen in the field of virtual home visitation in the future.

#### Ireland's Call: Responding and Adapting to Family's Needs During COVID19

Presenters: Linda McGrath, Audrey Harris, Debra Grennan, Leonie Power – ParentChild+Coordinators from Ballinasloe and Dublin, Ireland

Description: In this workshop, the presenters will discuss ParentChild+ Ireland's response to the COVID19 pandemic and the actions implemented to ensure all families' individual needs were and are continuing to be met. With the evolving situation, it required a coordinated adaptable and flexible approach by all sites across Ireland in dealing with unchartered territories. The Community Action Research Approach allowed for on-going reflection and adaption of practice in a unique climate. With our most recent data demonstrating higher levels of engagement from parents and children, learnings from the response have informed a future vision for an innovative hybrid model of delivery which will ensure no family gets left behind.

#### Addressing Family Isolation & Engagement through the Virtual Space

Presenters: Elaina Longo - Site Coordinator, ParentChild+ FCC Program, Nassau BOCES; Marybeth Auletto, Pete Busch, Angela Hagley, Terry Burkes - ParentChild+ Coordinator and ELSs, Columbus Early Learning Centers in Columbus, Ohio

Description: Many families who enroll in ParentChild+ are at risk for social isolation; this has become almost the norm during the pandemic. This workshop will share about why social opportunities for families are important, how to shift from in-person to virtual family programming (including zoom functions), ideas for topics and content, and lessons learned.

#### Virtual Visit Engagement

Presenters: Jennifer Briseño - Social Worker and ParentChild+ Coordinator, Jurupa Unified School District; Eli Mast - Behavior Health Therapist in Jurupa Unified School District, CA

Description: What we have learned from parents and home-visitors about engagement and strategies that work. This will include a video from a home-visit. Some engagement strategies are as follows; social coaching, emotion coaching, persistence coaching., child-directed play and redirection strategies (i.e., visual cues, music, puppets, breaks). We will utilize break-out groups at the end for discussion and collaboration amongst members as it is important for those doing



the work to connect regarding different practices. We will use a mixture of lecture and interactive learning techniques, incorporating one or two videos from staff and visits.

#### Mindfulness as a Resource for Self-Care and Caregiving

Presenter: Gus Castellanos, MD - Neurologist (retired) and Certified Mindfulness Teacher

Description: Mindfulness based practices are a welcomed addition for pandemic related mental health challenges. In this workshop, we will discuss researched and experience-backed benefits of mindfulness training for COVID related distress, anxiety and uncertainty. Tools and techniques for self-care and caregiving will be offered and participants will have the opportunity to practice mindfulness and gratitude meditations. This workshop is suitable for all levels of experience with mindfulness and meditation.



# Day 2 Developmental Parenting: Putting Families in Charge of Child Development

Workshops will focus on home visiting practices, including strategies to engage and collaborate with families and encourage parent-child interaction through play. Workshops will range from incorporating Developmental Parenting into ParentChild+ practice to using block play to support parent-child interaction.

#### **Developmental Parenting Keynote**

Strategies for Promoting Parent Confidence and Competence: A Strengths-Based Approach

Presenter: Gina Cook, PhD - Associate Professor of Child Development, California State University, Stanislaus and codeveloper of PICCOLO and HOVRS

Keynote Description: Developmental Parenting refers both to parenting as a support for children's development and to a particular approach to intervention services in which home visitors use a strengths-based approach to identify and support positive parenting behaviors that promote children's early health and development. A primary goal of this approach is to put the parent in the driver's seat or the teacher role, and coach and support them to have successful interactions with their child. Facilitating positive supportive parent-child interactions can be challenging but is key to empowering parents and supporting long-term growth for the child. Two important practices are being responsive to parents' strengths and coaching parents to use those strengths in their play and everyday interactions with their child. The coaching approach will be discussed along with other strategies to build parenting confidence and competence.

# **Developmental Parenting Workshops**

Strategies to Help Incorporate Developmental Parenting in ParentChild+ Visits

Presenters: Lucia Orellana - Site Coordinator, The Guatemalan-Maya Center; Lynette Payton - Site Coordinator, Boys Town South Florida; Arexy Bravo-Stewart - Early Learning Specialist, Lake Worth West Resident Planning Group

Developmental Parenting: A Guide for Early Childhood Practitioners is a book that shares the research from Utah State University on the attitudes, behaviors and content that contribute to the greatest outcomes for children and families, or "best practices" in the field of home visiting. Since 2016, the Palm Beach County ParentChild+ program has been implementing these strategies. Learn about some of the tweaks that were made to the home visits in-person and virtually that encourage Developmental Parenting.



Cómo Ayudar a los Niños a Lidiar con tanto Duelo (taller en Español) / How to Help Children Deal with so Much Grief (workshop in Spanish)

Presenters: Teresa Mendez-Quigley - Special Populations Coordinator, Uplift Center for Grieving Children; Iris Ogando - Licenciatura en Trabajo Social de la Universidad La Salle; María José Sotomayor-Giacomucci, estudiante de Trabajo Social, Profesional Certificada en Trauma (CTP), artista visual y poeta

Description: Este taller interactivo permitirá a los proveedores explorar cómo se ve el duelo en los niños, cómo trabajar con las familias para apoyar a los niños en duelo y explorar maneras de involucrar a las familias usando una plataforma virtual. Los presentadores han estado facilitando el grupo de apoyo de duelo para las familias en el área de Filadelfia, desarrollando un nuevo plan de estudios para satisfacer las necesidades de los niños, adolescentes y cuidadores que han experimentado una muerte, así como también, identificando materiales en español. / This interactive workshop will allow providers to explore how grief looks in children, how to work with families to support grieving children, and explore ways to engage families using a video platform. The presenters have been facilitating grief groups for families in the Philadelphia area, developing new curriculum to meet the needs of children, teens and caregivers who have experienced a death, and identifying Spanish-language materials.

#### Understanding and Promoting Everyday Human Interactions

Presenter: Dana Winters, PhD - Rita McGinley Endowed Chair and Professor of Early Learning and Children's Media, Fred Rogers Center at Saint Vincent College

Description: In this session, we will be using the "Simple Interactions" approach to closely examine adult-child interactions in everyday contexts. We will practice appreciative "noticing" and reflective "wondering" to understand the dynamics within even the simplest human interactions. Using discussions, participants will think about how these interactions weave together four basic building blocks of the human relationship – connection, reciprocity, inclusion, and opportunity to grow – to make positive developmental impacts. Finding meaningful ways to talk about such moments can be encouraging, enriching, and empowering at every relational touch-point -whether with families, family childcare, or with colleagues. We will also extend these principles to reflect on the "parallel processes" of adult-adult interactions that support professionals and families.

Block Play: Hands-On STEM Learning in a (Sometimes) Virtual World

Presenter: Ann Gadzikowski - Director of Early Learning, Encyclopedia Britannica

Description: The COVID-19 pandemic has caused families to spend more time at home in front of screens. While remote activities can help to fill the gaps, young children learn best through hands-on experiences with tangible materials like blocks. This session will present activities and strategies for using blocks to support children's developing understanding of STEM concepts (Science, Technology, Engineering, and Math). Participants are encouraged to have on hand their own blocks (or cardboard boxes, stackable cups, etc.) during the session, to practice activities and concepts.



#### PICCOLO: An Instrument for Playing to Parenting Strengths

Presenter: Associate Professor of Child Development, University of California - Stanislaus and Co-developer of PICCOLO and HOVRS

Description: PICCOLO (Parenting Interactions with Children: Checklist of Observations Linked to Outcomes) is a reliable, valid observational measure of developmental parenting. Developmental parenting is what parents do to support their children's development and what many parenting programs aim to increase. In this session, practitioners who work with parents of children ages 4 months to 5 will learn more about the PICCOLO tool and have opportunities to practice their observation skills by using PICCOLO on short video clips of parent-child interactions to tune into parents' strengths. In addition, we will discuss how PICCOLO can be used as an instrument to align different perceptions of parenting and provide a common understanding of strengths. Finally, participants will be guided through a systematic way of planning feedback from observations and see an example of a practitioner providing PICCOLO feedback to a parent playing on the parent's strengths

#### Collaborating with Other Services to Meet Family Needs

Presenters: Anieka Mukhtar and Jacqulyn Robinson – ParentChild+ Coordinator and Early Learning Specialist, Public Health Management Corporation, Philadelphia

Description: As COVID-19 devastated our world many of us had to learn new ways to manage our lives and our families. ParentChild+ adjusted and tried to find ways to support our families to help them find a sense of normalcy in these trying times. All of our families worked hard in support of their families, some managing day to day activities, some looking for additional services, and the ones who made the biggest impression were those who took control of all of the services they worked with and made them work together to not only support the child in service, but to manage the entire family.





#### Day 3: Conversations on Race Equity

Workshops will focus on work being done to support staff and families of color, including immigrant families, who make up the majority of families served by ParentChild+. We will highlight work we've done in the past year, including an Anti-Bias Books Checklist, and discuss systemic racism, the effect of the pandemic on communities of color, and how families of color can best be supported as they enter educational systems.

#### Conversations on Race Equity Keynote

Building Authentic partnerships with Culturally Diverse Families to Support Children's Positive Educational Experiences

Presenter: Ebonyse Mead, Ed.D., CFLE (Certified Family Life Educator), Clinical Instructor, Georgia Southern University and President, Educational Equity Institute

Description: Family engagement plays a central role in helping children achieve academic success. Despite good intentions, many early childhood programs continue to struggle to successfully engage culturally, linguistically, and socioeconomically diverse families. Early childhood programs serve varying types of families across different racial, ethnic, and socioeconomic backgrounds. For this reason, programs must be intentional about effectively partnering with diverse families. By including the family's culture and considering the socioeconomic backgrounds of families when developing family engagement activities, families are more likely to engage and partner with the school because they feel welcomed, respected, and valued. In this presentation participants will:

- Define the cultural disconnect between home and school.
- Identify barriers that impair authentic family engagement with culturally diverse families.
- Understand how the Relationship-Based Competencies and the Diversity Informed Tenets can be used to strengthen authentic family partnerships.
- Learn concrete strategies that centers family voice to create diverse, inclusive (welcoming)
  and equitable environments to strengthen family partnership and support children's school
  success.



#### Race Equity Workshops

Seeing Ourselves: The Power of Racial Identity in Education

Presenter: Lynnette Mawhinney, PhD - Chair of the Department of Urban Education and Associate Professor of Urban Education, Rutgers University

Description: This workshop will discuss the power of racial identity in the education of children during the early childhood years. We will unpack the current picture of the lack of diversity in early childhood curriculum, and then discuss important resources and materials to help talk to children about race.

#### Exploring Inductive Approaches for Delivery of Service: Building Meaningful Collaborations with Families

Presenters: Alyshia Galvez, PhD - Professor of Cultural Anthropology, Graduate Center of the City University of New York; Cesar Zuniga - Director of Research and Evaluation, ParentChild+

Description: In this presentation, an inductive approach to home visiting practice with immigrant families, will be explored, as an alternative to subtractive approaches. An inductive approach enables a greater degree of collaboration and participation than subtractive approaches that see immigrant families as empty vessels who need to be filled with information and guidance. An inductive approach can yield better results in the design and delivery of services for children and families. Additional details of the presentation are TBA.

#### Cultural Representation in ParentChild+ VISMs and Activities

Presenters: Malkia Singleton Ofori-Agyekum, Jackie Herrera, Vanessa Ruiz – ParentChild+Pennsylvania State Director and Coordinators

Description: Early Learning Specialists and Coordinators consistently report that one of the most important aspects of the ParentChild+ model is the adaptability to be responsive to a family's strengths, culture, and values. In this workshop, our goal is to provide the ParentChild+ community with examples of both VISMs and activities that are used at various program sites across the country that support families of color and/or families with diverse cultural and linguistic backgrounds. Using information fielded from program sites, we will explore ways that ELSs have incorporated family culture into VISM choices and visit structure. This information has been compiled for you in a "Choice Board: Resource Guide" for your own site to use. This workshop is a continuation of ParentChild+'s ongoing work on its curriculum, including the Race Equity Framing for Choosing Books content analysis, the Selecting Anti-Bias Books Checklist, and the Windows, Mirrors & Doors series.



#### What Does Language Justice Mean for Early Learning?

Presenter: Karen Nemeth, EdM - Author/Consultant, Language Castle LLC

Description: Language is central to each child's learning and development. Language Justice encompasses respect and empowerment through language - for academic learning as well as social/emotional learning. In this interactive session we will discuss how to provide the best evidence-based support for young children and families when we honor the value of each language and use practical strategies to enhance learning for all children.

#### **COVID-19 Vaccines Explained**

Presenter: Ohemaa Boahemaa - Director, Public Health Practice and Global Programs, Rutgers School of Public Health

Description: Black and Brown communities have been hard hit by the COVID-19 pandemic but many within these communities have questions about the vaccine and have had limited access to vaccines themselves or good information about them. In this workshop we'll learn the basic science of COVID-19 and of all of the approved vaccines. We'll have ample time for questions so anyone who has questions about COVID-19 and the vaccines is encouraged to join!