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Developmental Parenting



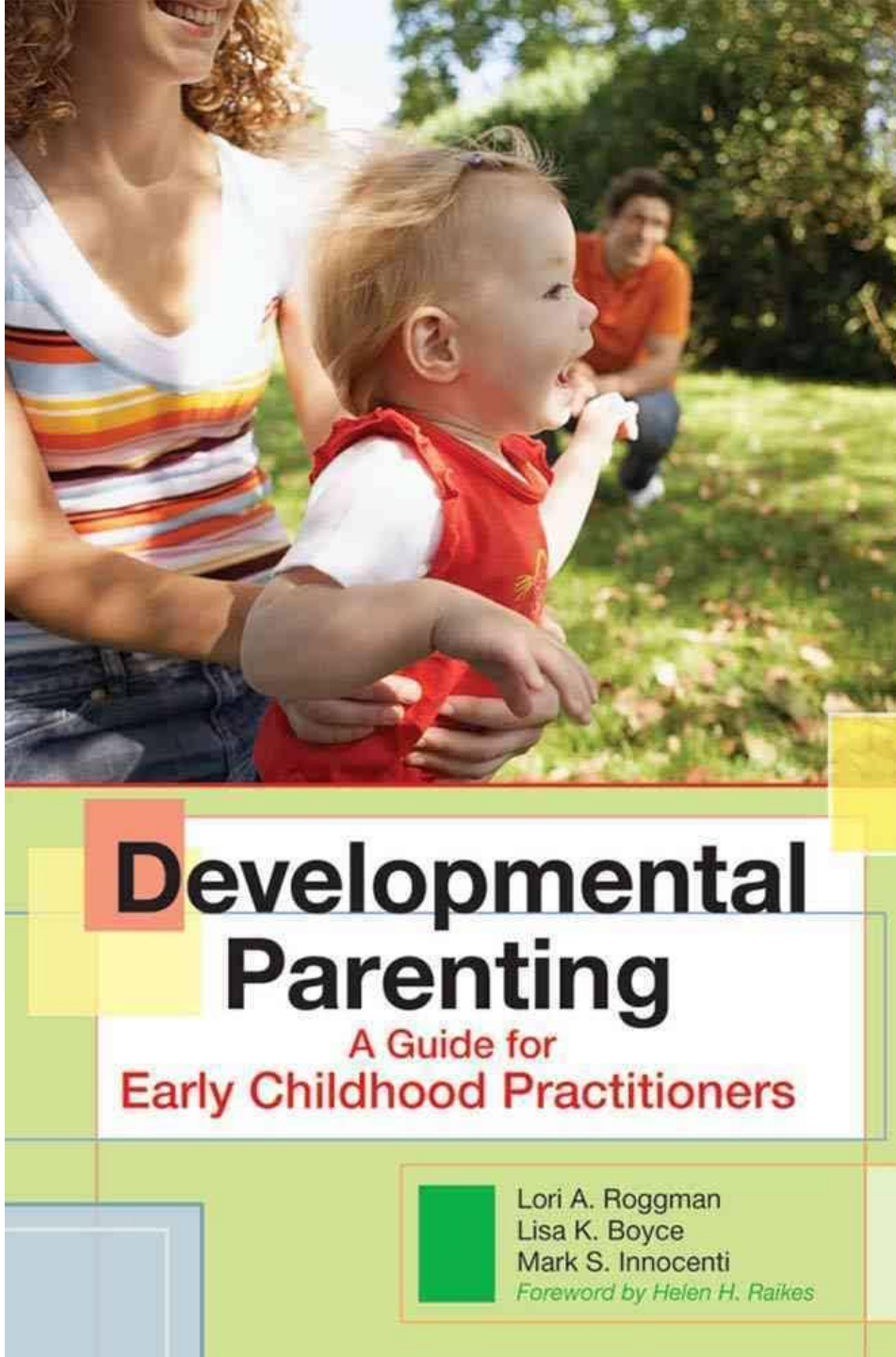
What words come to mind when you hear Developmental Parenting?

https://www.menti.com/alorqnu2kgn5

Definition: A set of parenting practices meant to be developmentally appropriate and adjusted as children's needs and skills change. (Roggman et al., 2008)

(1) Parenting skills that evolve as the child grows.

(2) We can help caregivers build these skills over time.



The Four Dimensions of Developmental Parenting

Affection 

Responsiveness 

Encouragement 

Teaching 

Domain definitions

- **Affection:** Warmth, physical closeness, and positive expressions toward child
- **Responsiveness**: Responding to child's cues, emotions, words, interests and behaviors
- **Encouragement**: Active support of exploration, effort, skills, initiative, curiosity, creativity and play
- **Teaching**: Shared age-appropriate communication and play, cognitive stimulation, explanations and questions



What do you think these dimensions should capture?

Watch video clip (link)

Breakout Room Activities

Based on your experience:

- What are some of the barriers or challenges you think that could prevent parents from practicing Developmental Parenting naturally?
- What factors support caregivers in practicing developmental parenting?
- How can ELSs respond to those challenges?



Summary Notes

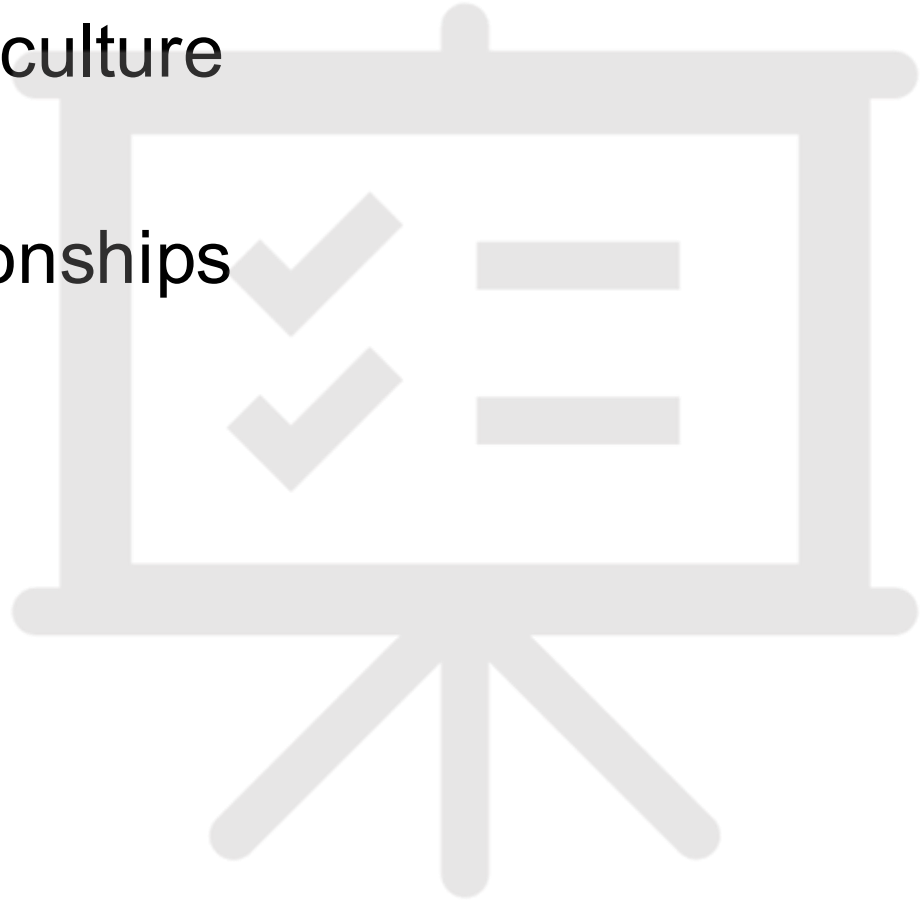
Barriers

Facilitators

Developmental Parenting in practice

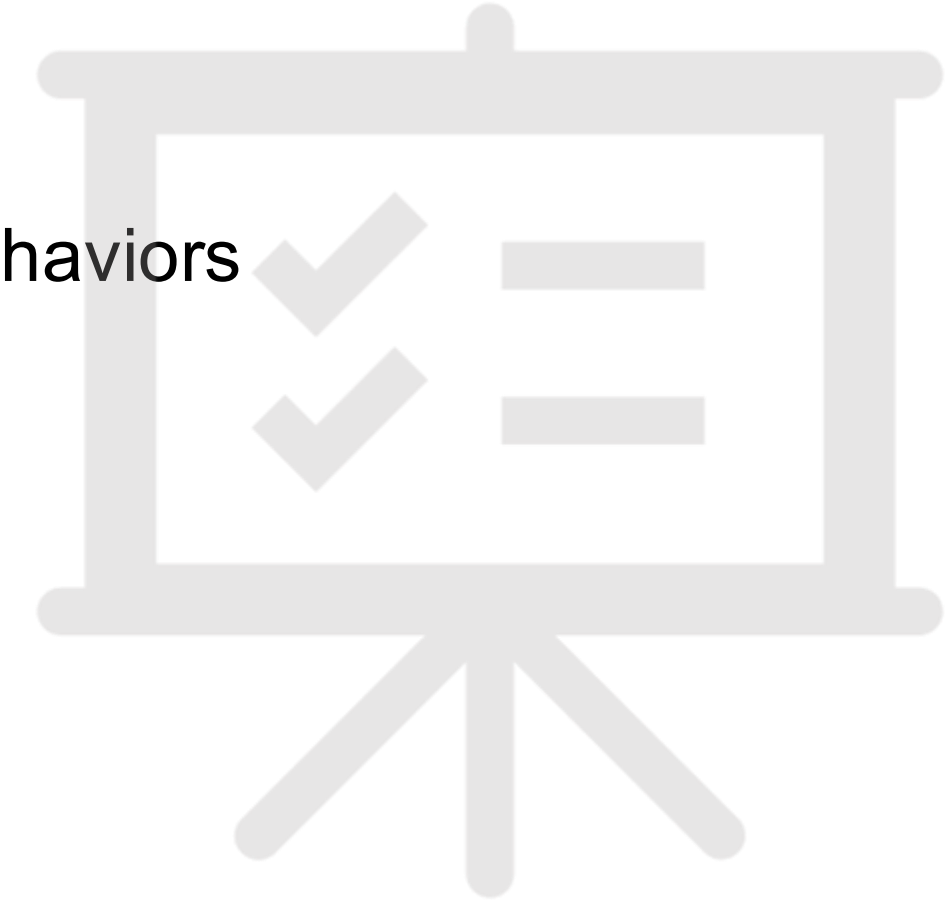
Building Supportive Relationships

- Be responsive to family strength and culture
- Be flexible in strategies and activities
- Be supportive and accepting in relationships



Supporting Parent-Child Interactions

- Focus on child development
- Engage parent and child together
- Support developmental parenting behaviors
- Collaborate with parents
- Involve other family members
- Build on family activities/strength



Choosing Developmentally Appropriate Activitie

Developmentally appropriate

- Try to be consistent but with some flexibility adjusted to children's needs and skills
- Family-friendly materials and activities that promote developmental parenting but can also benefit parent and children in daily activities when on their own

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Any questions?

