ParentChild+

Supporting Parent's Understanding of Their Child's Development



Open Discussion

How do you support family understanding of their child's development during the visit?

Share one specific strategy you've used to help a family reflect on their child's development.

How do you support family understanding of their child’s development during the visit?

- Observe Together
- Ask open-ended questions
- Connect Feedback to Development
- Reflect on Strengths
- Use Reflection Tools **(Guide Sheet & Reflection Record)**

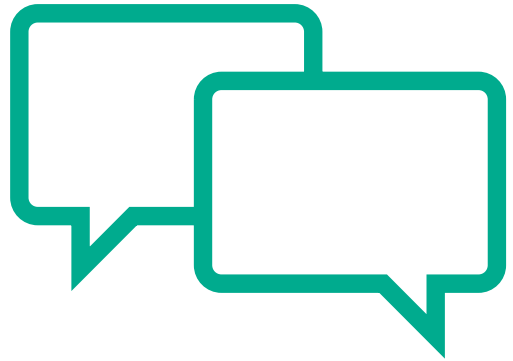
Guide Sheet

When to use the guide sheet?

- At the beginning of the visit to set goals and focus areas.
- At the end of the visit to reflect and plan next steps.

Video

Discuss: What did you observe the ELS doing in this video?



Guide Sheet Guidance

- Name specific child developmental skill gained, not just “supports learning”
- Connect the material to school readiness domains
- Explain how a 2-year-old and 3-year-old may engage differently
- Include prompts that support parent child interaction
- Add ways the toy or book can connect to family routines

What child development resources do you consult?

What resources might you use to support ELSs in their understanding of child development?

Child Development Resources

- National and Research-Based Resources
- Program- and Practice-Based Resources (Staff Portal)
- Community and Local Resources

Activity

Using the template, start a guide sheet for this toy

- What is the child is learning?
- List school readiness or child development domains
- What are 1-2 interaction prompts during the visit?
- How a 2-year-old vs. 3-year-old may engage differently with this object
- A connection to family routines

Sample guide sheet – **Page-25**

Reflection Record

- Developed during the pandemic
- Parents needed support meeting specific goals
- Required for program, Not required on DAISY
- Form available on DAISY (forms section) and Staff Portal (printable version)
- Replaces Home Visit Record
- Completed 1x a week not 2x a week
- Completed in the last 5 minutes of the visit

Reflection Record

Promotes Reflection and Connection

- Encourages parents to think about their child's strengths and interests.
- Connects play activities to learning and growth.
- Helps parents notice what their child is learning and doing during visits.
- Builds awareness of developmental milestones and new skills.

Guides Goal Setting

- Helps families identify next steps and goals for their child's development.
- Goals can emerge from the Reflection Record, ASQs, or PIELs.
- Supports planning for future visits.
- Keeps visits intentional and family-driven

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Equal Possibilities From The Start

Reflection Record

ELS Name:
Child ID:
VISM:
Date:
Modality (virtual/in-person): In-person

Part I - Caregiver and ELS together: During the last five minutes of the session, reflect on these questions together. Reflection Records may be completed 1x per week for each family instead of every visit:

1. Goals: In the caregiver's words, do you have any goals? Has your goal changed? Or how can I continue support your goals? *(*Reminder: This is a moment for the caregiver to reflect on goals for themselves, child, family, or broader community. Goals can change each week or be the same for multiple weeks at a time.)*

2. Observations: In caregiver's words, describe the interaction with the child during this session. What did the caregiver observe about the child's behavior, development, or learning? What were the child's strengths?

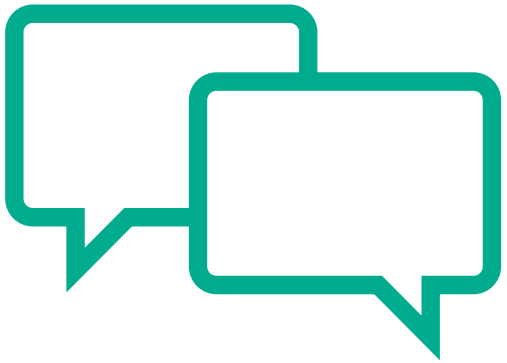
3. Co-Planning: Does the caregiver have any ideas or activities that can be incorporated into the next visit?

Practice Goal Setting

(p.26)

Pretend Mom's response to question #1 of the Reflection Record is: *"I think the baby distracts us. My goal is to better manage the baby while I'm reading with my daughter."*

With this goal in mind, how do you help her strategize? What does this conversation look like? What questions can you ask her to help her generate ideas for future visits?



**Video
https://parentchildplus.bridgeapp.com/author/courses/120/slides/3264