Weekly Supervision Meetings

Group Discussion

How have you or other supervisors made meetings a reflective space? What was effective in group supervision meetings?

Reflective Supervision

Reflective supervision is a shared process where the coordinator and the ELS meet to reflect on their experiences, thoughts, and feelings related to the home visiting practice.

- Reflective supervision can help you learn more about staff
- Reflect on home visit practices (used of videos)
- Help plan future trainings for ELS
- Support ELS in making referrals
- Develop better relationships with your ELS

What does your weekly supervision meeting look like?

- Weekly supervision meetings are a requirement for the program.
- Meetings should be a minimum of 2 hours long.
- Most of the time should be focused on **Reflective Supervision.**
- Avoid spending time on administrative tasks(no more than 20 minutes)
- Reflect on the previous week visits with families and if any support is needed based on what is shared.
- Allow time for peer discussions and support.
- Professional Development/ Ongoing Training.

Breakout Room Activity

Breakout Room Activity: Build a Weekly Team Meeting Agenda - Work in small groups to design a two-hour weekly team meeting agenda for ELSs. Page 31

Reflection Questions

- How will this agenda keep the focus on families and ELS practice?
- How will you keep administrative tasks to 30 minutes or less?
- What is one strategy from another coordinator that you would want to try?